



CHRISTIAN MEDICAL COLLEGE VELLORE
RANIPET CAMPUS
DEPARTMENT OF UROLOGY UNIT II
URO TRANSPLANTS -RANIPET

DISCHARGE SUMMARY

Consultants

Dr. SANTOSH KUMAR MS, M.Ch	Sr. Professor-On leave	Email: uro2@cmcvellore.ac.in
Dr. SANTHOSH N MS, MCh, DNB(Urol)	Asso Prof & Ag. Head	Tel: 0417-2224659
Dr. KANAKA MEDALA SRIKANTH MS. M.Ch	Assistant Professor	
Dr. TEJOKRISHNA KALLURI MS	Assistant Professor	
Dr. DEEPAK DAVID CHELLAPPA MS,MCh	Assistant Professor	
Dr. SANDEEP KUMAR SUSHILKUMAR MBBS, MS, M.Ch	Assistant Professor	

Name:	KAMLA DEVI	Hospital number:	AG43351
Age:	59	Sex:	Female
MRDNo:	24R043875	Ward:	C-502
		Admitted on:	17-Dec-2024
		Discharged On:	19-Dec-2024

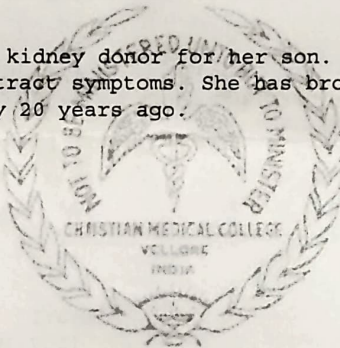
Address: TELIDIH
PRABHAT COLONY CHAS
BOKARO JHARKHAND Pincode: 827013

Diagnosis: Voluntary kidney donor
Bronchial asthma

History

Mrs. Devi came forward as voluntary kidney donor for her son. She did not have haematuria, calculuria, dysuria, lower urinary tract symptoms. She has bronchial asthma and is on medications. She underwent tubectomy 20 years ago.

Blood group: A Positive
Recipient Hospital number: AE87881
Recipient Blood group: A Positive
Receipient Hospital No: AE87881
Recipient name: Tarun Kumar
Relation: Son
HLA: 5/10



On Examination

General physical examination was unremarkable.
Pulse rate: 84/min, BP: 130/80 mm Hg, afebrile.
Abdomen: Soft. No mass palpable. Non-tender. Tubectomy scar noted
Meatus: Normal.
Rectal examination: Normal.
PV: Normal. Not done.
Systemic examination was unremarkable.

Investigations

12/12/2024	ARTERIAL BLOOD GAS (RMED/PMED)	Arterial	
	pH	7.43	
	PCO2	41	mmHg
	PO2	98	mmHg
	cNa+	136	mmol/L
	cK+	4.1	mmol/L
	Ca2+	1.13	mg/dL
			135 - 146
			3.5 - 4.5

	Glu	106	mg/dL	
	cLac	0.9	mmol/L	0.4 - 1.2
	HCT (PCV)	37	%	M 40-50;F 35-4
	HCO3-	27.2	mmol/L	
	HCO3 std	27.0	mmol/L	
	TCO2		mmol/L	
	BEecf	2.9	mmol/L	
	BE (B)	2.6	mmol/L	
	SO2c	98	%	
	ctHb	11.5	g/dL	12.5 - 16.5
10/12/2024	LUNG VOLUMES	REPORT UPLOADED		
09/12/2024	C/S URINE COMMON			
	NO PUS CELLS, FEW GPB			
	[SCANTY] CONTAMINANTS INSIGNIFICANT			
09/12/2024	URINALYSIS ROUTINE	Auto Validated		
	GLUCOSE	Negative		
	BILIRUBIN	Negative		
	KETONE	Negative		
	SPECI.GRAVITY	1.008	1.015 - 1.025	
	BLOOD	Negative		
	PH	5.5	4.6 - 8.0	
	PROTEIN	Negative		
	UROBILINOGEN	normal		
	NITRITE	Negative		
	LEUKOCYTES	Negative		
	RBC		MM/cumm	M
4.4-5.9;F	3.8-5.2			
	WBC			
09/12/2024	LFT			
	BILIRUBIN TOTAL	0.20	mg/dL	< 1.2
	DIRECT	0.11	mg%	
	PROTEIN TOTAL	7.7	g/dL	6.0-8.5
	ALBUMIN	4.5	g/dL	3.5-5.0
	AST (SGOT)	29	U/L	< 40
	ALT (SGPT)	20	U/L	< 41
	ALKALINE PHOSPHATASE	138	U/L	
Adult:40-125, Child<350, Adolescent:Upto 4 X Adult				
09/12/2024	ELEC/RENAL			
	SODIUM	140	m mol/L	135-145
	POTASSIUM	4.3	m mol/L	3.5-5.0
	BICARBONATE	23	m mol/L	22-29
	UREA	19.9	mg%	13-43
	CREATININE	0.63	mg%	0.5-1.4
09/12/2024	PT WITH INR			
	PATIENT	13.5	SECS	
	NORMAL RANGE	11.7-16.1	SECS	
	INR	1.0		
	1/2Pt+1/2 Cont		SECS	
09/12/2024	APTT			
	PATIENT	25.4	SECS	
	NORMAL RANGE	22-34		
	1/2Pt+1/2 Cont		SECS	
09/12/2024	WALK TEST 6 MIN.	REPORT UPLOADED		
09/12/2024	SPIROMETRY AND FLOW VOLUME LOOP	REPORT UPLOADED		
09/12/2024	DLCO			
26/11/2024	CBC PROFILE			
	NE:60, LY:25, MO:10, EO:5, BA:0			
	MCV	83.7	fL	80-100
	MCH	27.0	pG	26-34
	MCHC	32.2	%	31.4-36.3
	RDW-CV	15.7	%	11.5-14.5
	TOTAL WBC	9500	/CUMM	4,000-12,000
	HB	11.9	g/dL	M 13-17;F 11-15
	PLATELET COUNT	174000	/CUMM	1,50,000-4,50,000
4.4-5.9;F	3.8-5.2	4.41	MM/cumm	M
	HCT (PCV)	36.9	%	M 40-50;F 35-46
	RETICS		%	0.5-2.5

1.2
50: P 35-4

Treatment

Left laparoscopic donor nephrectomy under general anaesthesia on 18.12.24.

Findings

Grossly normal appearing kidney
A small 1x1 cm upper pole renal simple cyst noted
Single artery, vein and ureter
The splenic capsule was adherent to the upper pole of kidney

Warm ischemia time 1 : 3 mins and 10 sec

Discussion

Postoperative period was uneventful. CBD was removed on post-operative day 2. She voided well after catheter removal.

Condition at discharge : Stable.

Postoperative urine culture : Awaited

Medications administered: Inj. Cefuroxime 1.5 g IV, pre-operatively

Recommendations

Normal diet.

Adequate intake of fluids (approximately 2-3 litres/day).

Avoid strenuous activities for 6 weeks.

Avoid nephrotoxic drugs like NSAID pain killers and aminoglycoside antibiotics.

Tab. Paracetamol 1 gram orally when required for pain or fever.

To continue:

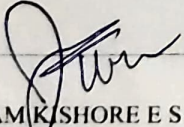
Turbohaler Symbicort 160/4.5 mcg 1 puff twice daily

Review in Urology Unit II OPD after a week with Hb, creatinine and urine culture report.

In case of any emergency occurring immediately after discharge (temperature, blood in urine, persistent vomiting or not feeling well otherwise), please come to C502-Urology ward, 5th Floor,

C Block at Ranipet Campus or please report to Emergency Department at Vellore campus with a copy of your discharge summary.

You can book advance appointment for new and revisit patients by logging on to our website www.cmch-vel. Click left sided tab 'A Patient' followed by 'Book an Appointment'. Urology Unit II OPD functions only on Tuesday and Friday. You can also pay for tests online using debit / credit card or net banking either through our website www.cmch-vellore.edu or downloading the CMC mobile app from the play store. Printouts can be taken from home, an internet cafe or from the MRO counter in CMC.


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DEPARTMENT OF UROLOGY UNIT II
URO TRANSPLANTS -RANIPET

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